





Negaunee Middle School Lunch Menu April 7, 2014- April 11, 2014 Student Lunch \$2.50 Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include 1% white and skim chocolate. Student not taking at least one serving of fruit or vegetable will be charged A La Carte pricing.

This menu may be subject to change.

Station	Monday	Tuesday	Wednesday	Thursday	Friday
SIZZLE	Homestyle Breaded Chicken Tenders Mashed Potatoes with Gravy Whole Grain Biscuit Seasoned Mixed Vegetables	Chicken Fajitas Roasted Bell Peppers and Onions Cheddar Cheese Seasoned Corn	Shepard's Pie Seaoned Broccoli Whole Grain Biscuit	Oven Fried Chicken Boston Baked Beans Dinner Roll	Beef Stroganoff over Pasta Steamed Fresh Baby Carrots Dinner Roll
PIASTE	Cheeseburger	Spicy Breaded Chicken Sandwich	Mini Corn Dogs	Chicken Nuggets with a Breadstick	Hamburger
		ed Edge Crust (V)			
BAKE	Pepperoni Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Pepperoni Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Sausage Pizza*
Outtakes	Chef Salad w Romaine, Ham, Turkey, Egg, Cheddar* with Croutons and a Dinner Roll	Chicken Caesar Salad with a Tortilla	Chef Salad w Romaine, Ham, Turkey, Egg, Cheddar* with Croutons and a Dinner Roll	Chicken Caesar Salad with a Tortilla	Oriental Chicken Salad with Crispy Strips and a Dinner Roll
Hot Sides Fruit/Vegetable Bar	Mashed Potatoes with Gravy Seasoned Mixed Vegetables	Seasoned Corn Oven Baked Seasoned Potatoe Wedges	Seasoned Broccoli Baked Tater Tots	Boston Baked Beans Seasoned Criss Cut Fries	Oven Baked Crinkle Fries Steamed Fresh Baby Carrots
	Carrot & Celery Sticks Fresh Broccoli Florets Chilled Peaches Fresh Petite Banana	Fresh Cucumber Coins Fresh Broccoli Florets Pineapple Tidbits Chilled Strawberry Cups Fresh Orange Wedges Corn and Black Bean Salad	Fresh Spinach Fresh Grape Tomatoes Chilled Mandarin Oranges Chilled Fruit Cocktail Fresh Pear	Fresh Red Pepper Strips Fresh Baby Carrots Zucchini Sticks Chilled Tropical Fruit Fresh Petite Banana	Tossed Salad Rosy Applesauce Fresh Baby Carrots Fresh Cauliflower Fresh Red Delicious Apple



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(*) = contains Pork (V) = Vegetarian

Questions or Comments? Please contact Cait Turner, Food Service Director, at 906-475-7803 ext 147







Negaunee Middle School Lunch Menu April 14, 2014 - April 18, 2014 Student Lunch \$2.50 Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include 1% white and skim chocolate. Student not taking at least one serving of fruit or vegetable will be charged A La Carte pricing.

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Station	Monday	Tuesday	Wednesday	Thursday	Friday
SIZZLE	Soft Shell Beef Tacos Refried Beans with Cheese Shredded Lettuce and Diced Tomato Shredded Cheese	Sweet and Sour Popcorn Chicken Brown Fried Rice	Breaded Chicken Parmesan Pasta with Marinara Sauce Dinner Roll	Best-Ever Homemade Meatloaf Mashed Potatoes with Gravy Seasoned Green Beans Whole Grain Biscuit	Oven Fried Chicken Mashed Sweet Potatoes Boston Baked Beams Whole Grain Biscuit
TASTE	Cheeseburger	Spicy Breaded Chicken Sandwich	BBQ Pork Riblet* on a Roll	Beef Tostado with Salsa	Hamburger on a Bun
BAKE	Pepperoni Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Pepperoni Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Cheese Filled Breadsticks with Tomato Dipping Sauce (V) Personal Pepperoni Pizza*
Outtakes	Chef Salad w Romaine, Ham, Turkey, Egg, Cheddar* with Croutons and a Dinner Roll	Chicken Caesar Salad with a Tortilla	Chef Salad w Romaine, Ham, Turkey, Egg, Cheddar* with Croutons and a Dinner Roll	Chicken Caesar Salad with a Tortilla	Oriental Chicken Salad with Crispy Strips and a Dinner Roll
Hot Sides	Refried Beans with Cheese Oven Baked Seasoned Potato Wedges	Seasoned Oriental Blend Vegetables Seasoned Criss Cut Fries	Seasoned Broccoli with Cheese Baked Tater Tots	Mashed Potatoes with Gravy Seasoned Green Beans	Mashed Sweet Potatoes Boston Baked Beans
Fruit/Vegetable Bar	Carrot & Celery Sticks Fresh Broccoli Florets Chilled Peach Cup Fresh Petite Banana	Fresh Cucumber Coins Fresh Broccoli Florets Pineapple Tidbits Chilled Strawberry Cups Fresh Orange Wedges Corn and Black Bean Salad	Fresh Spinach Fresh Grape Tomatoes Chilled Mandarin Oranges Chilled Fruit Cocktail Fresh Pear	Fresh Red Pepper Strips Fresh Baby Carrots Zucchini Sticks Chilled Sliced Peaches Fresh Petite Banana	Tossed Salad Rosy Applesauce Fresh Baby Carrots Fresh Cauliflower Fresh Red Delicious Apple



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Turner, Food Service Director, at 906-475-7803 ext 147







Negaunee Middle School Lunch Menu April 21, 2014 - April 25, 2014 Student Lunch \$2.50 Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include 1% white and skim chocolate. Student not taking at least one serving of fruit or vegetable will be charged A La Carte pricing.

This menu may be subject to change.

Station	Monday	Tuesday	Wednesday	Thursday	Friday		
SIZZLEP	Breakfast Bowl French Toast Sticks Sausage Patties* (2) Hash Brown Patty	Brown Sugar Glazed Ham Potatoes Au Gratin Whole Grain Dinner Roll	Popcorn Chicken Bowl with Mashed Potatoes and Gravy Whole Grain Biscuit	PASTA BOWL Chicken with Rotini Noodles Marinara Sauce Seasoned Green Beans Toasted Garlic Bun	Macaroni & Cheese BBQ Pork Riblet* Seasoned Corn on the Cob Whole Grain Dinner Roll		
PRASTE	Cheeseburger	Spicy Breaded Chicken Sandwich	Homestyle Breaded Chicken Tenders French Breadstick	Toasted Pesto Chicken & Swiss on Sour Dough	Hamburger on a Bun		
		Available Daily: Homemade Cheese Pizza on Rolled Edge Crust (V)					
BAKE	Pepperoni Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Hawaiian Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Sausage Pizza*		
Outtakes	Chef Salad w Romaine, Ham, Turkey, Egg, Cheddar* with Croutons and a Dinner Roll	Chicken Caesar Salad with a Tortilla	Chef Salad w Romaine, Ham, Turkey, Egg, Cheddar* with Croutons and a Dinner Roll	Chicken Caesar Salad with a Tortilla	Crispy Chicken Salad with a Dinner Roll		
Hot Sides	Fresh Steamed Baby Carrots Hash Brown Patty	Seasoned Criss Cut Fries Potatoes Au Gratin	Boston Baked Beans Seasoned Broccoli Baked Tater Tots	Oven Baked Crinkle Fries Seasoned Green Beans	Seasoned Corn on the Cob Seasoned Broccoli & Cauliflower		
Fruit/Vegetable Bar	Carrot & Celery Sticks Fresh Broccoli Florets Chilled Peach Cup Fresh Petite Banana	Fresh Cucumber Coins Fresh Broccoli Florets Pineapple Tidbits Chilled Strawberry Cups Fresh Orange Wedges Corn and Black Bean Salad	Fresh Spinach Fresh Grape Tomatoes Chilled Mandarin Oranges Chilled Fruit Cocktail Fresh Pear	Fresh Red Pepper Strips Fresh Baby Carrots Zucchini Sticks Chilled Sliced Peaches Fresh Petite Banana	Spinach Salad Chilled Applesauce Fresh Baby Carrots Fresh Cauliflower Fresh Red Delicious Apple		



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Negaunee Middle School Lunch Menu April 28, 2014 - May 2, 2014

Student Lunch \$2.50 Reduced \$0.40

A full student lunch includes a choice of entrée supplying protein and grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include 1% white and skim chocolate. Student not taking at least one serving of fruit or vegetable will be charged A La Carte pricing.

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Station	Monday	Tuesday	Wednesday	Thursday	Friday	
SIZZLE	Oven Fried Chicken Mashed Potatoes with Gravy Whole Grain Biscuit	Beef Nachos Refried Beans with Cheese Seasoned Corn	Tater Tot Casserole Seasoned Mixed Vegetables Dinner Roll	Goulash Seasoned Green Beans Dinner Roll	Sweet and Sour Popcorn Chicken Brown Fried Rice Seasoned Carrots	
PASTE	Corn Dog	Spicy Breaded Chicken Sandwich	Breaded Chicken on Whole Grain	Chicken Nuggets with an Herb Breadstick	Hamburger on a Bun	
	Available Daily: Homemade Cheese Pizza on Rolled Edge Crust (V)					
BAKE	Meat Lover's Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Pepperoni Pizza*	Cheese Filled Breadsticks with Tomato Dipping Sauce (V)	Sausage Pizza*	
Outtakes	Chef Salad w Romaine, Ham, Turkey, Egg, Cheddar* with Croutons and a Dinner Roll	Chicken Caesar Salad with a Tortilla	Crispy Chicken Popper Salad with a Dinner Roll	Chicken Caesar Salad with a Tortilla	Mediterranean Salad with Toasted Pita Triangles	
Hot Sides	Seasoned Potato Wedges Mashed Potatoes and Gravy	Seasoned Criss Cut Fries Refried Beans with Cheese Seasoned Corn	Seasoned Mixed Vegetables Tater Tots	Oven Baked Crinkle Fries Seasoned Green Beans	Tater Tots Seasoned Carrots	
Fruit/Vegetable Bar	Carrot & Celery Sticks Fresh Broccoli Florets Chilled Peach Cup Fresh Petite Banana	Fresh Cucumber Coins Fresh Broccoli Florets Pineapple Tidbits Chilled Strawberry Cups Fresh Orange Wedges Corn and Black Bean Salad	Fresh Spinach Fresh Grape Tomatoes Chilled Mandarin Oranges Chilled Fruit Cocktail Fresh Pear	Fresh Red Pepper Strips Fresh Baby Carrots Zucchini Sticks Chilled Sliced Peaches Fresh Petite Banana	Spinach Salad Chilled Applesauce Fresh Baby Carrots Fresh Cauliflower Fresh Red Delicious Apple	



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Questions or