

Negaunee High School Athletic Handbook



Basketball
Boys Baseball
Bowling
Cheerleading
Cross Country
Football
Golf
Gymnastics
Hockey
Girls Softball
Swimming
Tennis
Track
Volleyball
Wrestling

ATHLETIC POLICIES OF NEGAUNEE HIGH SCHOOL – GRADES 9 – 12

The Negaunee Board of Education recognizes the need for and encourages student participation in extracurricular and interscholastic activities.

The Board further recognizes that participation in these activities carries with it the responsibility of good behavior in and out of school. Failure on the part of any student to meet this responsibility is cause for suspension of the privilege of representing his/her school.

All interscholastic athletic events shall be conducted in accordance with Sec. 1289 and 1521, School Code and administrative rules of the MHSAA. Parents/Guardians of transfer Students in secondary schools shall be notified at the time of their enrollment of Provisions R.340.81-92.

All other activities pertaining to this section of the policies of the Board of Education shall be established and implemented by the Superintendent and administrative staff including the following regulations:

I. THE ATHLETIC TEAM TRAINING RULES WILL BE AS FOLLOWS.

A. IT SHALL BE A VIOLATION OF TRAINING RULES FOR A STUDENT-ATHLETE TO:

Use or possess alcoholic beverages, illegal drugs, including but not limited to those substances defined as “controlled substances”, narcotics, tobacco, steroids or other performance enhancing drugs.

Use or possess drug paraphernalia, counterfeit or “look alike” drugs, e-cigarettes, or vaporizers.

Inhale or ingest any chemicals or products such as glue or other inhalant substances with the intention of bringing about a state of exhilaration or euphoria.

1. First Violation

- a. If it is determined by the High School Principal or his designee that a violation occurred, the athlete will be dismissed from participation in the sport for **one-third** of the season. The building administrator may reduce the loss of extracurricular eligibility provided:

- (1) The student agrees to enroll in the Substance Abuse Program by seeing either the SAP Coordinator or the School Counselor and follows his/her recommendations satisfactorily, OR

- (2) The student and family agree to a drug and alcohol assessment by a certified alcoholism/drug abuse counselor, and follows his/her recommendations:

- b. A letter will be sent to the parent/guardian informing them of the infraction of the rules. They will be informed in this letter that on the next infraction the student will receive a one year suspension. The letter will also contain the appeal procedure.
- c. During this period of suspension the student will receive counseling by coaches or any other qualified person.
- d. The player must continue to practice in their specific sport during the suspension.
- e. Any unused portion of the suspension will carry over into the next regular season of that participant's following sport. A season is defined as the week of the first regularly scheduled game and includes play-off and tournament games.

2. **Second Violation**

The student will not be permitted to participate in any interscholastic athletics for one year from the date of the offense. The parent/guardian shall be informed by letter. The letter will also contain the appeal procedure.

3. **Further Violation**

Further violations may result in permanent loss of eligibility and may be subject to review by the high school administration.

B. **GENERAL CONDUCT**

1. When a student is suspended from school for disciplinary reasons he/she will be automatically suspended from sports until the matter is resolved.
2. His/her general conduct and attitude as a young person, in school and out, must be of such nature as to warrant (in the school's judgement) representing Negaunee High School in athletics. The head coach and the high school principal/designee, shall determine an appropriate suspension.

C. **GENERAL REGULATIONS**

1. A participant and his parents/guardians must sign the form indicating that they have received a copy of the policy. This form must be in the hands of the Athletic Director before the student is permitted to practice or participate.
2. This procedure applies to every sport and applies to all participants every time they participate in a sport.

3. These rules are intended to be enforced during the calendar year, seven days a week, 24 hours a day.
4. Any student regardless of age is considered an athlete when they have gone out for one or more sports during the school year.
5. The coach of the sport shall give the squad written copies of the training rules and other squad regulations during the first week of practice. Training rules and squad regulations will be discussed verbally with the participating athletes.

II. APPEALS

- A. An athlete may appeal any suspension due to training rules to the Superintendent of Schools and then to the Board of Education.
- B. An athlete may appeal any punishment due to squad regulations to the Athletic Director, Principal, and Superintendent of Schools.

III. LIMITATIONS

- A. All students are limited to either interscholastic or intramural participation in the same sport during a school year.
- B. Cheerleading is considered a sport activity.
- C. When team cuts are necessary, all finalists will be notified by team listing after all tryouts are completed.
- D. Appeals shall be limited to 10 days upon receipts of official parental notification of the violation and its disposition.

IV. ELIGIBILITY

- A. Previous Semester Record – You must have **passed** at least **five classes** taken during your last regular semester enrollment.
- B. Students must be **passing five classes** at the high school level or they will be declared ineligible. Eligibility will be taken on a weekly basis. This is for current eligibility.
- C. If a student is declared ineligible for failing work, the student will not be permitted to participate in that particular sport for the following week. Also, during this time, the athlete must attend all practice sessions.
- D. The Athletic Director and coaches will work out a suitable method to check each student for eligibility.

- E. A student who competes in any interscholastic athletic contests must be under **Nineteen** years of age, except that a student whose 19th birthday occurs on or after September 1 of a current school year is eligible for the balance of that school year.

V. EQUIPMENT

- A. In most cases, you have the finest equipment money can buy. Athletes are responsible for their equipment. Any lost, damage or unreasonable wear to your equipment, you will be required to pay for loss, damage, or unreasonable wear.

VI. DROPPING OUT OF A SPORT

- A. An athlete who quits or is dropped from an athletic squad after the first interscholastic contest cannot participate in another sport until the sport dropped completes its season.
- B. An athlete who quits or is dropped from a squad, automatically forfeits all athletic awards, letter awards, conference, U.P., State honors of recognition at the banquet for that sport.

VII. AWARDS PROGRAM

- A. Each individual sport will hold their own awards program. The Negaunee High School Booster Club will provide a cake for the program. It is at these programs the athletic awards are presented. Each and every athlete is expected to attend. In the event an athlete is unable to attend, he/she must inform his/her coach. Encourage your parents to attend.

VIII. PHYSICAL EXAMINATION

- A. All athletes must have a physical exam card on file in the Principal's office. The Physical card must be completely filled out and signed by the student, parent or guardian of the athlete.
- B. One physical exam per year is all that is required for those who wish to participate in interscholastic athletics.
- C. We have made arrangements with Dr. Grossman's office to offer exams which will be given at a reduced fee. The date is usually the last week in July. Check with your Coach for the exact time and date of the exam. You are urged to take advantage of this offer.

IX. SCHOOL DAY EXCUSES

- A. Athletes will be excused from class if it necessary to leave for an athletic contest during the school day. The athlete must make arrangements for make-up work with the teachers for classes he/she will miss ahead of time.

- B. In order to practice or compete in athletics, athletes must be in attendance on the afternoon of a contest unless the Principal was notified and approval given prior to that time. This rule applies to regular practice days also.
- C. If school is dismissed because of inclement weather, practice sessions are also called off unless the Principal gives approval to hold practices.
- D. Sometimes due to weather conditions or bus trouble athletes and coaches arrive back at Negaunee at a late hour. All athletes are expected to attend school the next day regardless of what time you get home the night before.

X. SEASONS OF COMPETITION

- A. The maximum number of sports an athlete may participate in a school year is three (one in the fall, winter, and spring)
- B. Cheerleaders **will not** participate in a sport while cheering

XI. TRAVEL

- A. **All athletes are to travel to and from athletic events in vehicles arranged by the school. The only exception is when parents request to the coach PERSONALLY to allow the student to travel back from a contest with them. A note from a parent should be given to the A.D. for approval prior to the day of the athletic event.**
- B. No student or groups of students are to be allowed to leave the coaches immediate supervision for any reason. This is to include going to a store downtown, or any other errand not approved by the athletic director before leaving Negaunee. No student should be on the bus without a coach present.

XII. BOOSTER CLUB

- A. The Booster Club is composed of parents and interested persons that help boost the athletic program, at Negaunee High School.
- B. Meetings are held at the high school library once a month. Consult your newspaper for date and time of meetings.

XIII. SUBSTANCE ABUSE TREATMENT

- A. Any student who seeks help for a substance abuse problem shall not have his eligibility jeopardized during assessment and/or treatment.
- B. A student must however, seek help before any infraction takes place. Should the student have an infraction before or during the time of assessment or treatment, the regular training rules would be observed.

XIV. INSURANCE

- A. The Negaunee Public Schools do not carry any insurance to cover injuries that may be caused in athletics. It is up to the parents to assume all financial responsibility for their son/daughter while participating in any athletic program at Negaunee High School. This is in respect to injuries during practice sessions, games, or travel.

XV. ATHLETIC AWARD SYSTEM

Since the Negaunee “N” is an award conferred upon an individual, it follows that the emblem shall be worn or displayed by no one but the individual recipient. Giving or loaning a letter to someone else indicates a cheap regard for its significance and makes the award subject to recall by the high school.

A permanent record of all award winners will be kept by the Athletic Director

Awards will be issued in compliance with the Michigan High School Athletic Association regulations.

The following has been devised by coaches and administrators for conferral of awards to athletes.

A. FRESHMEN LEVEL:

Football: Because a regular interscholastic football schedule is followed, freshmen participants are eligible to receive numerals.

Basketball: Because a regular interscholastic basketball schedule is followed, freshmen participants are eligible to receive numerals (if they have not received them) or a 5” chenille Award (if they have not received them) or a minor medal.

Volleyball: Because a regular interscholastic volleyball schedule is followed, freshmen participants are eligible to receive numerals (if they have not received them) or a 5” chenille JV award (if they have not received them) or a minor medal.

Boys Baseball: Participants are eligible for varsity awards.

Bowling: Participants are eligible for varsity awards. Or they may compete at the JV level.

Cross Country: Participants are eligible for varsity awards. Or they may compete at the JV level.

Golf: Participants are eligible for varsity awards. Or they may compete at the JV level.

Girls Softball: Participants are eligible for varsity awards.

Gymnastics: Participants are eligible for varsity awards. Or they may compete at the JV level.

Hockey: Participants are eligible for a varsity award.

Swimming: Participants are eligible for varsity awards. Or they may compete at the JV level.

Tennis: Participants are eligible for varsity awards. Or they may compete at the JV level.

Track: Participants are eligible for varsity awards. Or they may compete at the JV level.

Wrestling: Participants are eligible for varsity awards. Or they may compete at the JV level.

B. JUNIOR VARSITY LEVEL:

The 5th chenille letter is conferred upon 9th and 10th graders who qualify for the first time.

A minor medal is conferred upon participants earning their second Junior Varsity award.

C. VARSITY LEVEL:

Participants competing at the varsity level who, at the coaches' discretion, do not have enough playing time or points earned to qualify for a major award, are awarded the 6th chenille minor varsity letter. They may receive numerals instead.

Participants winning a varsity letter will receive the 7th chenille major varsity letter for the first time. The second major award at the varsity level of competition is a varsity medal. The third major award for a sport is either another 7th chenille or a varsity medal (which ever they choose).

Should an athlete participate in a sport, and wins a varsity award for the fourth time in one sport, he/she is eligible for the coveted trophy (4-year plaque).

It is understood that an athlete will receive only one of the chenille awards (numerals, 5th chenille, 6th chenille, 7th chenille) unless it is a third year varsity award – in which case he/she may choose either another 7th chenille or a varsity medal.

D. CHEERLEADING AWARD SYSTEM:

Freshmen Level:

Numerals – 1st Award

5th Chenille letter "N" if already received numerals.

Junior Varsity Level:

5th Chenille letter "N" or Minor Medal if already have 5th.

Varsity Level:

7th Chenille letter "N" or Major medal.

PLEASE TURN IN THIS PAGE TO YOUR COACH

*I hereby acknowledge that I have had an opportunity to read the athletic policy and understand and will abide by **all** of the **rules** in the athletic handbook.*

Student's Name _____

Sport _____

Coach _____

I hereby acknowledge that I have had an opportunity to read the athletic policy.

Signed _____ **Date** _____
Student's Signature

Signed _____ **Date** _____
Parent/Guardian Signature